

INTENTIONS FOR STAYING AT HOME

in the midst of the COVID-19 Pandemic



I intend by staying at home:

1. To train my lower soul [nafs] against the desire of leaving.
2. To seek the reward of a martyr.
3. To establish a home filled with obedience to Allah ﷻ.
4. To fulfil the rights of my spouse and children.
5. To revive the traditions [sunan] of the Prophet ﷺ by assisting my family and being playful with the young ones.
6. To teach my family the rules of their religion.
7. To protect people from any harm.
8. To seclude myself with God ﷻ.
9. To revise the sacred knowledge that I have learned.
10. To make sure that I do not make my house into a cemetery (by lacking in the recitation of the Qurʾān).
11. To assist in reducing any harm to people by staying inside.
12. To follow the instructions of those in charge.
13. To fulfil the rights of the safety of the country and nation.
14. To take from the expansiveness of the Sharīʿa by utilising its dispensations [rukḥṣa].
15. To make our homes face the Qibla with our prayers.
16. To make our homes places where the denizens of the heavens gaze due to our recitation of the Qurʾān.
17. To check up on our neighbours and see if they require any assistance.
18. To revive the sunna of imbibing the primordial nature [fiṭra], cleanliness and purity.
19. To revive the sunna of washing the hands before food, after it and for other actions.